

Did you know

Top 5 Energy Consuming Appliances

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Wet appliances contribute to an average of 14% of an annual energy bill

- By washing all your clothes on 30 degree temperature setting, along with reducing the amount loads you put in by one per week, could save you £28 per year
- Avoiding using a tumble dryer. Drying clothes on racks in the house or outside on the washing line could save you £60 per year

Cold appliances contribute to an average of 13% of an annual energy bill

- The average fridge-freezer life is 17 years, so when purchasing consider the smallest one available that meets your needs, as well as the most energy efficient one within your budget

Consumer electronics (PCs, gaming consoles, TVs etc) contribute to an average of 6% of an annual bill

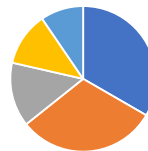
- Where possible, don't leave your electronics on standby. By switching appliances off of standby mode you could save £55 per year

Lighting your home contributes to an average of 5% of an annual energy bill

- Switching the lights off when you leave a room can save you £20 per year alone
- Replacing all of your standard bulbs with LED bulbs could save you £55 per year based on an average house

Cooking appliances contribute to an average of 4% of an annual energy bill

- Microwaves are more efficient than ovens at cooking as they only heat the food and not the air space inside
- And try to avoid overfilling the kettle and save yourself £11 a year on your electricity bill



Total Potential Saving: Over £229 Per Year

- Wet appliances
- Cold appliances
- Consumer electronics
- Lights
- Cooking

What is the Priority Services Register (PSR)?

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The Priority Services Register is a free support service to help people who have extra communication, access or safety needs. It is easy to join and registering for the PSR helps us to ensure that you can access the care you deserve.

You are eligible for the PSR if you:

- Have reached your state pension age
- Are disabled or have a long-term medical condition
- Are recovering from an injury
- Have a hearing or sight condition
- Have a mental health condition
- Are pregnant or have young children
- Have extra communication needs (such as if you don't speak or read English well).

You might still be able to register for other reasons if your situation isn't listed. For example, if you need short-term support.

Do you know someone who might be eligible?

Please pass on these details so they can receive support.

To make an enquiry about the
Priority Services Register, please email
box.empsr@cadentgas.com,
or scan the QR code.

