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STRATEGIC ARTS DEVELOPMENT

CREATIVE HEALTH NEWS IN DERBYSHIRE - APRIL 2024

Creative health work operates in the spaces in between. This is both its strength, and its weakness.

Its strength because it touches the people and ideas that exist in the in-between...the margins, the interstices, the fuzzy, ambiguous, complex, fluid melting pots. These are often the places of greatest need and biggest gaps... but also the places of greatest possibility. What are we best at? Who are we helping, and how? Where can our skills be better put to use and how can we get there?

Its weakness, because strategically it is often less visible, less familiar, and harder to understand than the historical norms or the more well-trodden pathways of systems that operate in silos, or for majorities. Creative health work operates in the spaces in between but falls through the gaps. Do we bend ourselves out of shape or self-limit? Do we know how to be truly ambitious and neither understand (nor ask for) what it is that we need in order for this sector to have a truly transformational impact for the people who need it most?

We are at a pivotal time. Resources feel ever fewer and times are undeniably hard. But partnerships and opportunity within systems and communities are growing. We are just about to welcome a new role that will support this strategic development of the sector - the CHWA Midlands regional lead, hosted here at Arts Derbyshire.

We want to invite those who work in Creative Health in Derbyshire to explore where we are at, where we are going, and how we can get there. Together, we are stronger. Please do sign up for the Arts Derbyshire event: [Creative Health: Regather](#), on 15th

May, and we can get talking. (If you're not a member, you can just sign up for free [here](#)).

Another great opportunity to wave your flag comes at the end of May in **Creativity and Wellbeing week** - let's make a splash across the East Midlands. You can get your events, activities and creative health offer up on the website or take part in events. Please do also let me know of your events and I'll publicise them here.

All the best and hoping to see you in May,
Helena

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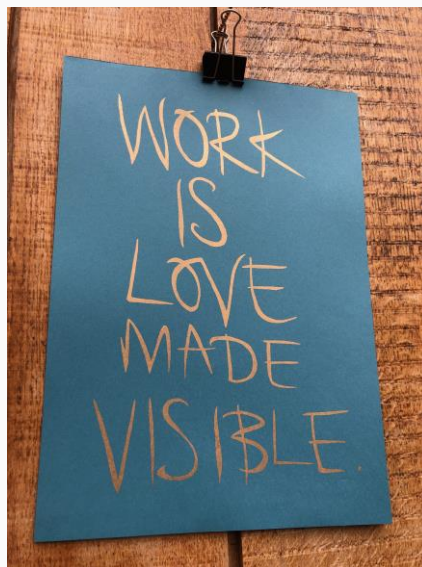


Image: "Work is love". Kate Genever for Arts Derbyshire

Creative health: regather

Arts Derbyshire New Horizons



15th May



10am-1pm



Doe Lea Centre

Where have we come from? Where are we going?

At Arts Derbyshire we have been working to develop understanding of and opportunities for creative health to flourish within communities, social prescribing and wider health systems for many years. Now, Arts Derbyshire is set to host a new post for the Culture, Health and Wellbeing Alliance, who will support strategic developments, conversations and relationships for creative health locally, in the county, and across the region.

Join us on 15th May for a preparatory conversation, including provocations and creative activity to stimulate our thinking, and questions about how we can best coalesce our assets and efforts for greater impact, with a shared meal to get conversation flowing.

All this plus details of how you can benefit from a new personal wellbeing support offer bespoke to the creative sector from Derbyshire County Council Public Health, working in partnership with Arts Derbyshire.

****Booking essential, limited numbers****

Bookings will close at midnight, Monday 13th May. After this point please contact admin@artsderbyshire.org.uk to enquire as to whether any tickets remain.



<https://www.artsderbyshire.org.uk/news/arts-health/creative-health-regather-arts-derbyshire-new-horizons-15th-may-10-1-doe-lea-centre/>

Events, Opportunities & News

We're looking forward to seeing you at the New Horizons, Creative Health event in Doe Lea on 15 May.

Here is a roundup of the latest other news in the Creative Health sector from Arts Derbyshire. Keep an eye on the [Creative Health news section of the website](#) for breaking news as it's published.

Creativity & Wellbeing Week in May

To mark Creativity & Wellbeing week in 2024, we are calling out for you to submit your online or in-person events and to shout out about your creative health work in the county and across the East Midlands. Click through to find out more, log your events on the national website, and contact us to support.



Event dates: 20-26 May



<https://www.artsderbyshire.org.uk/news/arts-health/creativity-and-wellbeing-week-20th-26th-may-2024-how-to-take-part/>

Creative Health Quality Framework Survey

Have your say! There is a call to participate in this Creative Health Quality Framework Survey by individuals and organisations across the sector.



Deadline: 26 April



<https://www.artsderbyshire.org.uk/news/creative-health-sector-news/creative-health-quality-framework-survey/>

Developing Inclusive Leadership Practice

Join this six-month, disabled-led professional development programme for cultural leaders. Designed to help you take steps towards systemic change.



Deadline: 29 April



<https://www.artsderbyshire.org.uk/news/creative-health-sector-news/developing-inclusive-leadership-practice/>

Learning Opportunities for Health, Social Care & Voluntary Sectors

There are lots of opportunities for professional development for those in the Health, Social Care and Voluntary sectors in May, plus sign up to hear about future opportunities.



Event: 2 May, Developing Self-Awareness - Confidence



Event: 10 May, Management & Leadership Fundamentals - Making The Most of Technology



Event: 29 May, Management & Leadership Fundamentals - Leading Through Change



<https://www.artsderbyshire.org.uk/news/arts-funding-resources-news/derbyshire-leader-leadership-development-learning-opportunities-for-health-social-care-and-voluntary-sector/>

How The Local Authority Arts Funding Cuts Affected You?

Have your say with this Pulse survey, that seeks to understand how arts professionals are affected by funding cuts. It takes just 5-10 minutes of your time and is valuable feedback.



<https://www.artsderbyshire.org.uk/news/creative-health-sector-news/local-authority-arts-funding-cuts-how-do-they-affect-you/>

Mark Mental Health Awareness Week In May This Year

The theme this year is 'Movement: moving more for our mental health'. Take a look at the online map listing over 200 outdoor activity groups and mental health groups, find out how your organisation can get involved, and add your events and activities.



Event: 13-19 May



<https://www.artsderbyshire.org.uk/news/artists-and-arts-organisations/moving-more-for-our-mental-health-in-mental-health-awareness-week-13th-19th-may-2024/>

Funding Surgery: Foundation Derbyshire

Foundation Derbyshire are hosting their first funding surgery of 2024 at their offices in Belper. Sessions start at 10am and run until 6pm.



Event: 7 May



<https://www.artsderbyshire.org.uk/news/arts-health/foundation-derbyshire-funding-surgery/>

Take A Look At Community Action's New Training Programme

All training courses take place at 30 Charnwood Street, Derby aimed at new and developing groups in the City.



Event: 15 May, Co-production & Service User Involvement



Event: 20 June, Autism In The Workplace



Event: 11 July, Deaf Equality & Awareness



Event: 18 July, Introduction to British Sign Language



<https://www.artsderbyshire.org.uk/news/artists-and-arts-organisations/25453/>

ThinkFest 2024 - Songs That Saved Our Lives

Derbyshire's first mental health style festival returns and seeks to open up conversations around mental health, suicide and wellbeing in Chesterfield. The theme this year is 'Songs That Saved Your Life', with performers singing songs that helped them through tough times. Join in by getting a stall on Mental Health market street to tell people about your wellbeing, mental health or physical activity services.



Event date: 25 May

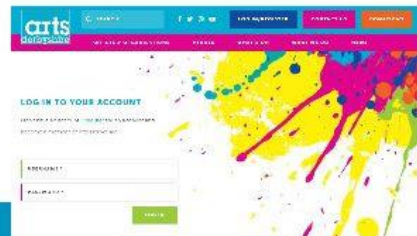


<https://www.artsderbyshire.org.uk/news/creative-health-sector-news/thinkfest-25-05-24-songs-that-saved-our-lives/>



ARTS DERBYSHIRE MEMBERSHIP: WHAT ARE THE BENEFITS?

- List your events
- Promote your practise or organisation
- Receive regular newsletters



JOIN HERE