

Adult Community Education News

DACES is Derbyshire Adult Community Education Service

Join us to get qualifications, confidence and skills for life and work!

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A journey of transformation: from teacher to upholsterer



Liz's story:

I was a secondary-trained French teacher with a lifelong love of art, teaching in primary schools for fifteen years. After my mum passed away, I left teaching to pursue something different.

I decided to reupholster a Victorian tub chair my Mum had given me. She had reupholstered much of our antique furniture, teaching me to sew along the way.

Seeking formal instruction, I found the AMUSF website and discovered Ashbourne was my nearest centre. Meeting Caroline at an open event was inspiring, and I signed up for Stage 1 in September 2022. The course brought immense joy, with its supportive, kind, and humorous people, and the

soothing, therapeutic nature of upholstery helped me find peace and purpose during a difficult time.

Now, after a year of taking commissions and completing Stage 2, I'm ready for the next chapter. We've transformed our 1920s outbuilding back into its original workshop form, and it's almost complete. I'm hosting an official opening party at the end of August, with workshops and classes

starting the following week. This marks a new beginning and a heartfelt way to honour my Mum's legacy.

Feeling inspired by Liz's story? Maybe its your time to explore your future options.

[Book your course now](#)

Multiply your maths skills - free training for businesses and communities.



Multiply Your Confidence with Maths!

Multiply is a selection of free courses designed to help you feel more confident with maths. Whether it's managing your money, helping your children with homework, or getting ready for a new job, Multiply has got you covered!

Who can join?

- Adults 19+ who don't have a GCSE in maths at grade C or above.
- If you do have a GCSE but want to brush up on your skills, Multiply is here for you too!

You can learn at your own pace in fun, and creative ways. You could also get a **free gift** like a Love2Shop voucher or an air fryer when you complete a course!

For more information, visit our [Facebook page](#) or check out the [Derbyshire Adult Community Education Service webpage](#). You can also email us at multiply@derbyshire.gov.uk

Attention Derbyshire Employers and Organisations!

Do your employees, volunteers, or apprentices need a confidence boost with maths? **Multiply** offers **free** and flexible training, tailored to your needs! We can even reimburse you for staff time and venue costs. Just tell us what you need, and we'll create a custom training package that makes maths useful and practical.

Workshops and sessions could include:

- First Aid Awareness 
- Team Building Activities 
- Food Safety Awareness 
- Wellbeing and Mindfulness 
- Money Management 

- Digital Skills



Interested? Email us at multiply@derbyshire.gov.uk

Derbyshire constabulary - Cyber awareness.



Derbyshire Constabulary's Digital PCSO and Cyber Protect Officer are dedicated to empowering the community with the knowledge and tools needed to stay safe online.

The team's Facebook page is filled with valuable information, including up-to-date advice on the latest online threats, links to helpful resources, and notifications about upcoming events where you can learn more about staying safe online.

<https://www.facebook.com/DerbysOnlineSafety>

Simple tips to keep safe:

- never give personal or sensitive details out online or over email
- control your social media accounts – regularly check your privacy settings
- don't open attachments or click on links in emails or texts from senders you don't know
- never give out personal information, financial details or passwords in response to an email, when you receive an unexpected phone call or in response to a text message
- always go to a website directly, by typing out the address yourself, when logging into an account

Report cyber crime

If you are currently being subjected to a live and ongoing cyber-attack then please contact us on 101.

If you suspect you've been scammed, defrauded or experienced cyber crime, the [Action Fraud](#) team can also provide the help, support and advice you need.

Call Action Fraud on [0300 123 2040](tel:03001232040) (textphone [0300 123 2050](tel:03001232050)).

Find a job with Derbyshire County Council

We work hard to be an excellent employer and in return we expect our employees to give their best so that we can deliver high quality services to the people of Derbyshire.

[Find a job with Derbyshire County Council.](#)

Ofsted says we're Good!



Love learning locally with
Derbyshire Adult Community Education Service



Apprenticeships



**SKILLS
FOR LIFE**



Funded by
UK Government

For further information, contact your local [Adult Community Education Centre](#) or visit our website www.derbyshire.gov.uk/adulteducation