## Health Literacy Awareness- Free Online Training

## Did you know?

**6 out of 10 adults** in Derbyshire will struggle to understand everyday health information. The good news is- we can do something about it!

Join this free training to discover:

- What health literacy is and why it is important.
- What it might feel like to have low levels of health literacy.
- What other teams have done in practice and what you could do.
- Where to find more information about health literacy.

Join an awareness session:

- Wednesday 21st May, 1.00-3.00pm.
- Thursday 24th April, 9.30-11.30am.
- Tuesday 24th June, 9.30-11.30am.

## **Book your place here**

Please feel free to share this widely with your networks to help spread the word! It would be fantastic to see as many people as possible benefiting from these sessions.

Best wishes,

Laura Walton-Taylor (she/her)

Project Lead- Quality Conversations (3 days)

**Health Literacy Officer** (2 days)

Quality Conversations, Personalisation and Health Literacy » Joined Up Care Derbyshire