

We are excited to offer more opportunities for you to attend one of our **free** Quality Conversations training sessions, "Having Better Conversations around Mental Health." This training is designed to empower you with the confidence to open up conversations about mental health and effectively respond when someone shares their experiences, both at work and in your personal life.

We still have spots available for the following dates, and we'd love for you to join a session:

- [18th March- 9.15am-12.30pm](#)

- [20th March- 1.15pm- 4.30pm](#)

- [2nd April- 9.15am-12.30pm](#)

This training has received outstanding feedback from previous participants:

- **97%** rate the overall quality as "Excellent" or "Good".
- **99%** strongly agree or agree that what they learned was relevant to their role.

Don't miss out on this fantastic opportunity to enhance your skills and make a positive impact on mental health conversations.

To book your spot, please click the links above or visit our [Quality Conversations Website](#). We look forward to seeing you there!

Best Wishes,

Laura Walton-Taylor (she/her)

Project Lead- Quality Conversations (3 days)

Health Literacy Officer (2 days)

[Quality Conversations, Personalisation and Health Literacy » Joined Up Care Derbyshire](#)