

We are really excited to introduce 3 new webinars to the Quality Conversations programme. These shorter sessions will allow you to build on you existing Quality Conversations skills and support your everyday interactions.

- **Having Brief Quality Conversations- Monday 9 June, 11:00–11:30am**

Learn how even 5-minute conversations can make a big impact.

You'll gain practical tools and strategies for having meaningful, brief conversations—especially in fast-paced settings.

[Book your place here.](#)

- **Understanding Neurodiversity & Autism: Deepening Quality Conversations- Wednesday 18 June, 1:15–3:15pm**

Discover what autism truly is, why masking happens, and how sensory and communication differences affect conversations.

Learn inclusive strategies that go beyond traditional approaches.

[Book your place here.](#)

- **Having Brief Conversations About Smoking- Thursday 19 June, 12:00–12:30pm**

Gain confidence in starting respectful, supportive conversations about smoking.

Learn how to spot the right moment and motivate change using brief Quality Conversations.

[Book your place here.](#)

Best Wishes,

Laura Walton-Taylor (she/her)

Project Lead- Quality Conversations and Health Literacy

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