

What's on

June 2025

- Regular Activity
- Limited Activity
- Support Group
- Drop-in
- Cuppa & Chat
- Carers Clinic

For more information or to speak to a member of our team, please call **01773 833 833** or email **info@derbyshirecarers.co.uk**

daacss

Derbyshire All Age Carers Support Service

02/06	Heart-Centered Meditation ●	10.00 - 10.20	Online
02/06	Gardening Group ●	11.00 - 12.00	Online
02/06	Support Group ●	14.00 - 15.30	Buxton
03/06	Support Group ●	10.00 - 12.00	Ripley
03/06	Financial Benefits for Carers ○	13.00 - 15.00	Online
04/06	Moment of Reflection ○	14.30 - 15.30	Online
05/06	Book Club ●	13.30 - 14.30	Online
05/06	Drop-in ●	10.00 - 12.30	Shirebrook
05/06	Support Group ●	13.30 - 15.30	Belper
05/06	Support Group ●	13.00 - 15.00	Swadlincote
05/06	Support Group ●	14.00 - 15.30	Staveley
06/06	Exercise Class ●	13.30 - 14.15	Online

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09/06	Heart-Centered Meditation ●	10.00 - 10.20	Online
09/06	Wellbeing Walk ○	10.00 - 12.00	Lathkilldale
09/06	Carers Event ○	10.00 - 13.00	Chesterfield
09/06	Carers Roadshow ○	11.00 - 15.00	Clay Cross
10/06	Cuppa & Chat ●	13.00 - 15.00	Hathersage
10/06	Carers Roadshow ○	11.00 - 15.00	Crich
10/06	Celebration of Carers ○	11.00 - 12.30	Derby
11/06	Carers Roadshow ○	13.00 - 17.00	Hartington
11/06	Drop-in ●	10.00 - 12.00	Chesterfield
12/06	Carers Clinic ●	Bookable Slots	Derby
12/06	Men's Cuppa & Chat ●	11.00 - 12.00	Online
12/06	Learning Disability Carers Mtg ●	16.00 - 17.15	Online

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16/06	Heart-Centered Meditation ●	10.00 - 10.20	Online
17/06	Chair-Based Yoga ●	13.30 - 14.15	Online
17/06	Support Group ●	14.00 - 15.30	Glossop
18/06	Work Readiness ○	13.00 - 14.30	Online
19/06	Memory Loss Carers Group ●	14.00 - 15.30	Online
19/06	Drop-in ●	14.00 - 17.00	Tibshelf
23/06	Heart-Centered Meditation ●	10.00 - 10.20	Online
23/06	Drop-in (for Food Bank users only) ●	12.00 - 14.00	Chesterfield
23/06	Support Group ●	14.00 - 16.00	Chapel-en-le-Frith
24/06	When Caring Comes to an End ○	13.00 - 14.30	Online
25/06	Shared Reading Group ●	13.00 - 14.00	Online
26/06	Learning Disability Carers Mtg ●	16.00 - 17.15	Online
26/06	Support Group ●	10.30 - 12.00	Swadlincote
26/06	Understanding Communication After a Stroke ○	10.00 - 12.00	Derby
27/06	Cuppa & Chat ●	12.00 - 14.00	Hilton