

The newsletter of The Volunteer Centre Chesterfield and NE Derbyshire

## Showcase your organisation

This year at The Voluntary Sector Awards, we are making space at the back of the auditorium for groups and organisations to bring along a display should they wish. Gives you a great chance to put up a display, hand out some promotional leaflets or just chat to interested members of the public. Then, when the awards are underway you can sit down and watch them!

If you want to make the most of this great opportunity then please get in touch.



## **The Voluntary Sector Awards 2025**

Tickets are just £9, including £2 booking fee and available from Chesterfield Borough Council. As usual all shortlisted organisations will get 2 free tickets.

## Who do I nominate?



Where would you be without that great group of volunteers who run your project for you? Not an ounce of trouble and lots of fun – surely there must be a good chance of them winning **Team of the Year**.



Remember that project you thought about for ages? That one you thought would never get off the ground and then everyone loved it? Everyone said how groundbreaking it was and how they wish it had been around before? Well that sounds like the perfect candidate for **Most Innovative Project** to me

#### CLICK HERE Get you nominations in! CLICK HERE



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# Heat-Health Alert summary action card for the voluntary and community sector

This is a summary of the suggested actions for each Heat-Health Alert level. Check the Heat-Health Alert action card for the voluntary and community sector for more detail, including the required actions for summer preparedness, and adapt actions to your service as appropriate.

as appropriate.	
	Summary actions for Yellow Alert
	Confirm that staff are aware of contingency plans and received the Heat-Health Alert
	Use the Heat-Health Alert impact matrix to inform the local risk assessment for, and response to, hot weather
	Share and emphasise the importance of <u>Beat the Heat</u> messages to clients and staff
	Raise awareness of heat illnesses and their prevention among clients and carers
	Support the provision of information about health risks from reliable sources – especially to vulnerable groups and underserved populations
	Operationalise cool rooms or areas (able to be maintained below 26°C)
	Monitor temperatures inside buildings, especially where people spend most time and aim to keep as cool as possible (for example by closing windows during the day and opening windows when it is cooler outside, such as at night)
	Review, prioritise and monitor individuals most vulnerable to heat-related illnesses
	Ensure sufficient cold water and ice are available to minimise risks from dehydration
	Summary actions for Amber Alert
	Continue Yellow Alert actions
	Invoke local business continuity and/or hot weather plans
	Ensure individuals most vulnerable to heat-related illnesses have appropriate arrangements in place for monitoring
Summary actions for Red Alert	
	Follow all local emergency response plans
	Monitor the current situation by checking the weather alerts or local news
	Continue Amber Alert actions



## **Beat the heat**

### Plan ahead



Check the weather forecast and the news



Plan ahead to avoid the heat



Schedule activities to cooler times of the day

## Keep yourself cool



Drink plenty of fluids and avoid excess alcohol



Wear sunscreen, a hat, and sunglasses



Cool your skin with water and slow down

### Find somewhere cool



Close blinds and curtains during the day



Go indoors or outdoors, whichever feels cooler



Avoid closed spaces like stationary cars

## Be safe



Be on the lookout for signs of heat related illness



Look after yourself and check in with others



Stay safe when swimming



Get help. Call NHS 111 or in an emergency 999

For more information go to: gov.uk/ukhsa/beat-the-heat

Come and join us for the best night of the year!
Entertainment, Fun, Frivolity!
You won't get that on a
Wednesday evening at home!

September 10th, 2025 - Chesterfield Winding Wheel

And don't forget - Get your nominations in!

CLICK HERE Get you nominations in! CLICK HERE