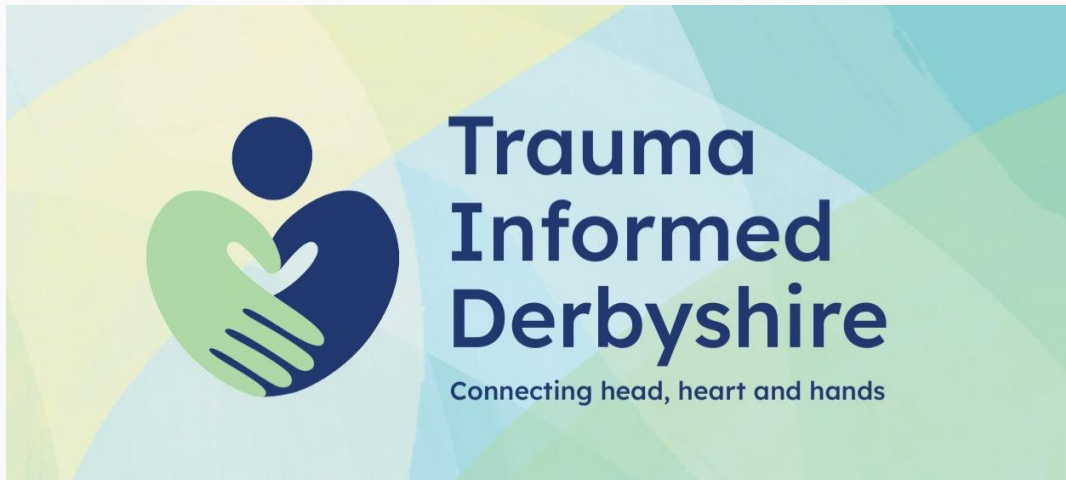


## **Trauma Informed Derbyshire: Foundation Learning Programme**



Explore, understand and develop trauma-informed approaches with a new open access Learning Pathway, developed exclusively for Derbyshire.

The programme is for anyone working with or volunteering for an organisation that supports people in Derbyshire. You could be a volunteer, practitioner, manager or leader working in a range of public services.

The Learning Pathway offers volunteers, staff and leaders in Derbyshire three online modules, covering:

- Why we all need to understand trauma: Unpack the definition of trauma and explore the core impacts of adverse and traumatic experiences.
- Building a trauma-informed environment and culture: Understand how to develop trauma-informed approaches in your work, using the Trauma Informed Derbyshire guiding principles.
- Sustaining a trauma-informed workforce: Learn about organisational and team factors that can protect staff from the impact of working with trauma.

### **How to access the Learning Pathway**

You need to [register for an account](#) to access the Learning Pathway.

A downloadable [step-by-step guide](#) explains how to access the Learning Pathway.

[View a short trailer](#) explaining the resources.

[Find out more about Trauma-Informed Derbyshire.](#)

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