

## **Join Our Core Quality Conversations Skills Training!**

**Core Quality Conversations** is an interactive, practical training session designed to help you:

- Understand the impact of health inequalities.
- Build powerful listening and communication skills.
- Use health coaching approaches to support others.
- Gain expert tips tailored to your role and needs.
- Practice skills in a safe setting with no role play!

Core Quality Conversations is essential training for all staff across JUCD. It's designed to build your confidence and skills in having impactful, person-centred conversations – no matter your role.

### **July dates**

[Tuesday 08/07/2025- 9.15am-12.30pm](#)

[Wednesday 23/07/2025- 9.15am-12.30pm](#)

### **August dates**

[Tuesday 05/08/2025- 9.15am-12.30pm](#)

[Wednesday 20/08/2025- 1.15pm-4.30pm](#)